

FOUNDATION COURSE ACTIVITIES 2019-20

SR. NO	EVENT	TITLE	PARTICIPANT	DATE
1.	Social Responsibility	field visit to "Jeevan Sahara"	6 Students	16 th September, 2019
2.	Social Responsibility	visit to Orphanage "World Vision"	2 Students	28 th September, 2019
3.	Social Responsibility	Saquib Rizvi Memorial Cancer Awareness Marathon	100+ Students and 5 Faculties	2 nd February, 2020
4.	Social Responsibility	Donation by student to Help Yourself Foundation (During Covid 2019 Lockdown)	1	Lockdown 2019-20
5.	Social Responsibility	Webinar on 'COVID-19: LOCKDOWN MENTAL HEALTH'	100+ Students	5 th May, 2020
6.	Workshop / Seminars	Disaster Management'	135 students	31st Sept, 2019
7.	Innovative Practice	Field trip to "Lakhimben Hansraj Latwalla"	23 Students	7 th February, 2020
8.	Innovative Practice	Visit to Holy Family Hospital	6 Students	2019-20
9.	Innovative Practice	Short films on socio-economic and political issues		2019-20
10.	Faculty Exchange	Lecture On Motivation	15 Students	4 th May, 2020
11.	Activity on National Integration	Poster Making Competition- 'Colors of India'	132 Students	29th August 2019
12.	Gender Sensitization	visit to 'Balika Ashram'	10 Students	04th March, 2020
13.	Gender Sensitization	Short Films	200 Students	2019-20
14.	Gender Sensitization	Skits/Drama on issues related to women	30Students	2019-20

DEPARTMENT OF FOUNDATION COURSE

1. Social Responsibility

- A field visit to “Jeevan Sahara”, an old age home in Vasai (W) was held by a group of six students of SYB.Com on 16th September, 2019.



- A visit to Orphanage “World Vision” by two girl students of SYB.Com on 28th September, 2019.



- More than hundred students and five faculties participated in “Saqib Rizvi Memorial Cancer Awareness Marathon” held on 2nd February, 2020.
- Farzan Shaikh of SYB.Com contributed amount of Rs2000/- towards Help Yourself Foundation to help needy people during Covid- 19 lockdown period

2. Workshop / Seminars Organised :

- **Webinar on ‘COVID-19: LOCKDOWN: MENTAL HEALTH’** was held on 5th May, 2020- Renowned Psychiatrist and Counsellor **Dr Ali Akbar Gabhrani** was invited as the guest speaker. Hundred people got benefitted by his expertise and knowledge.



RIZVI COLLEGE OF ARTS, SCIENCE & COMMERCE
Mental Health Awareness Webinar to Begin of Foundation Course
MENTAL HEALTH IS JUST AS IMPORTANT AS PHYSICAL HEALTH
2020-21
On 5th May, 2020 at 7:00 PM, Dr. Ali Akbar Gabhrani, a renowned psychiatrist and counsellor, will be the guest speaker. He will discuss the importance of mental health and its impact on physical health. He will also share his expertise and knowledge on how to maintain mental health during the COVID-19 lockdown period.

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- A workshop on ‘Disaster Management’ was organised in association with the Dept. of Law and NCC unit of Rizvi College of A/S/C on **31st Sept, 2019** at 09:30 am in the seminar room. **Mr Shivaji Rao Bhagat, Deputy Controller, Civil Defence Service** was invited as a resource person. 135 students participated for the same.



3. Innovative processes adopted by the Department

- To sensitize students towards Differently Abled Children, a field trip was organised on 7th February, 2020 to “Lakhimben Hansraj Latwalla” Special Care Centre, BKC, Bandra(E). Twenty three students of **FY/SY.B.Com** interacted with the children.



- Six girl students of SYB.Com visited Holy Family Hospital to give moral support to the patients over there.

- Short films on socio-economic and political issues such as ‘Child Marriage, Unemployment ,Child Labour, Crimes/Suicides among youths, Problems of youth, Corruption, Substance abuse etc.’



4. No. of Collaborative activities for research, faculty exchange, and student exchange during the year – A lecture on “**Motivation**” was conducted on 4th May, 2020 by **CA Ashfaq Karim** (Dept of Accountancy, Rizvi College). Fifteen students were present for the same.



5. Activity related to National Integration.

- Students Participation in Poster Making Competition- ‘Colours of India’ on 29th August 2019. 132 students of A/S/C actively participated for the same.



6. Gender Sensitization Programmes

- a) A visit to 'Balika Ashram' located at Dadar (E) on 04th March, 2020 by 10 girl students of SYBCOM.
- b) Short Films made by more than 200 students of FY/SY BA/B.Com on 'Eve Teasing, Triple Talaq issues, Domestic Violence, Violation of Rights of Women, Problems of Women, Cyber Crimes against Women, Acid Attacks, Ragging in Colleges etc.'
- c) Skits/Drama played by more than 30 students in each term on different issues related to women.