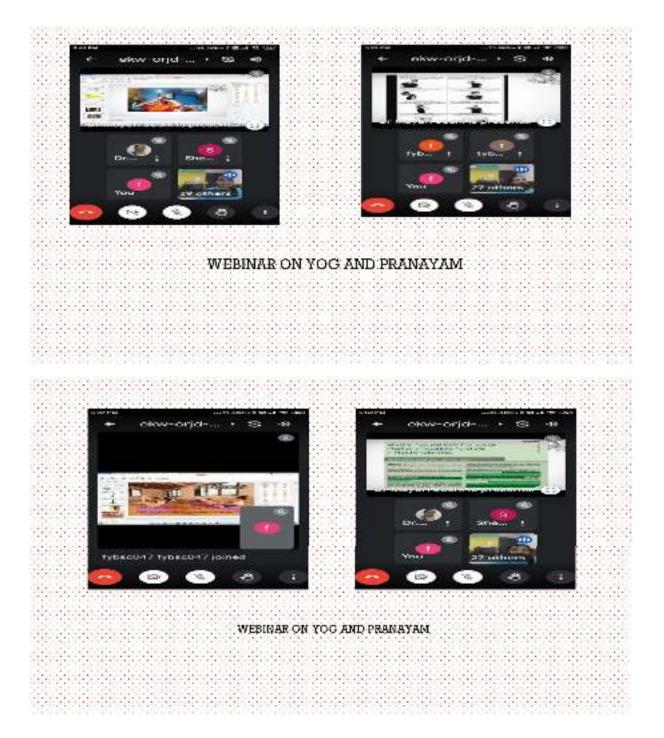
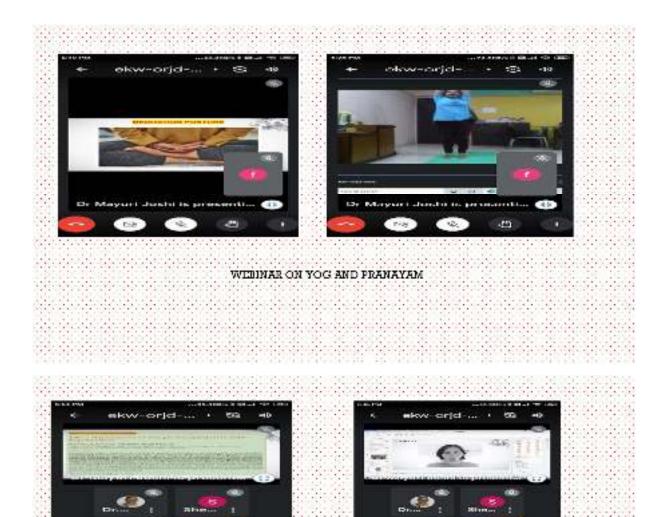
## ACTIVITIES OF DEPARTMENT OF CHEMISTRY

## A.Y.2021-22



The Department of Chemistry has organised a Webinar on 'Yog & Pranayam' by Dr.Mayuri Joshi- A certified yoga trainer and Assistant Professor in the Department of Chemistry at Maharashtra College of Arts, Science and Commerce-Mumbai on Tuesday,28<sup>th</sup> September 2021 at 5 pm. The resource person highlighted various aspects and the diverse types of Pranayam like Anulom Vilom, Kapal bhati, Bhranari, Shitali - together with its health benefits and a live demo. She discussed a few research papers published in various reputed journals on 'The effect of slow and fast Pranayam on Cognitive functions in Healthy Volunteers , effect of Pranayam on rate pressure in mild hypertensives, Modified Bhramari Pranayama in Covid-19 infections . The Webinar was attended by thirty participants.





WEBINAR ON YOG AND PRANAYAM

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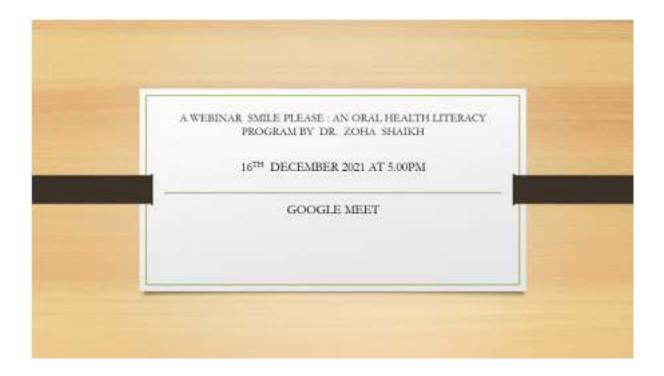
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A Webinar Smile Please : An Oral Health Literacy Program by Dr. Zoha Shaikh -BDS,MDS-Prosthodontics & Implantology Resident on 16<sup>th</sup> December,2021 at 5.00pm.It was a highly informative session covering various aspects of Oral health like Gum diseases, Tartar accumulation, Caries and Pus formation, Correct brushing technique etc. The number of participants were 60.









BUILD UP ON TONGUE









A lecture by on Health care Informatics by DBM in association with NIIT was organised by the Department of Chemistry for the Final year students of Chemistry on 22<sup>nd</sup> December 2021 at 10.00am in room no 304. The objective of the session was to provide information on the various courses in Health care which can be acquired as an additional skill for employment after graduation. The number of participants were 50.





The Department of Chemistry has organised a Demo workshop on Detox drinks and Salads on 5<sup>th</sup> January 2022 at 11 am in room no 304 for the students of FY/SY&TYBSC. The resource person was Chef Hasina Shaikh who explained the importance of detox drinks and Salads and prepared varieties of salads and detox drinks during the session. More than 75 students attend the session and enjoyed the Detox drink and fresh salads.



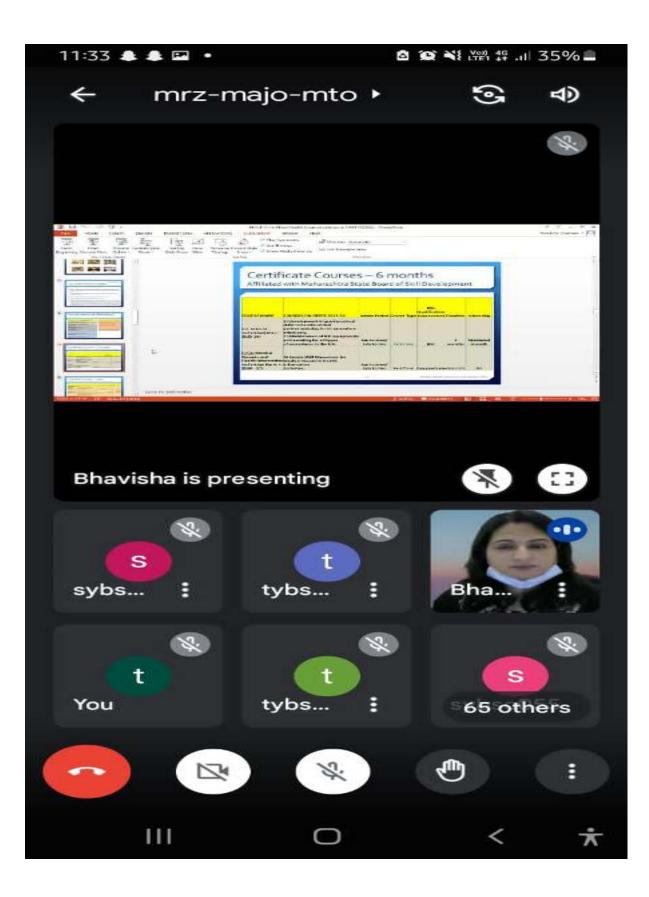


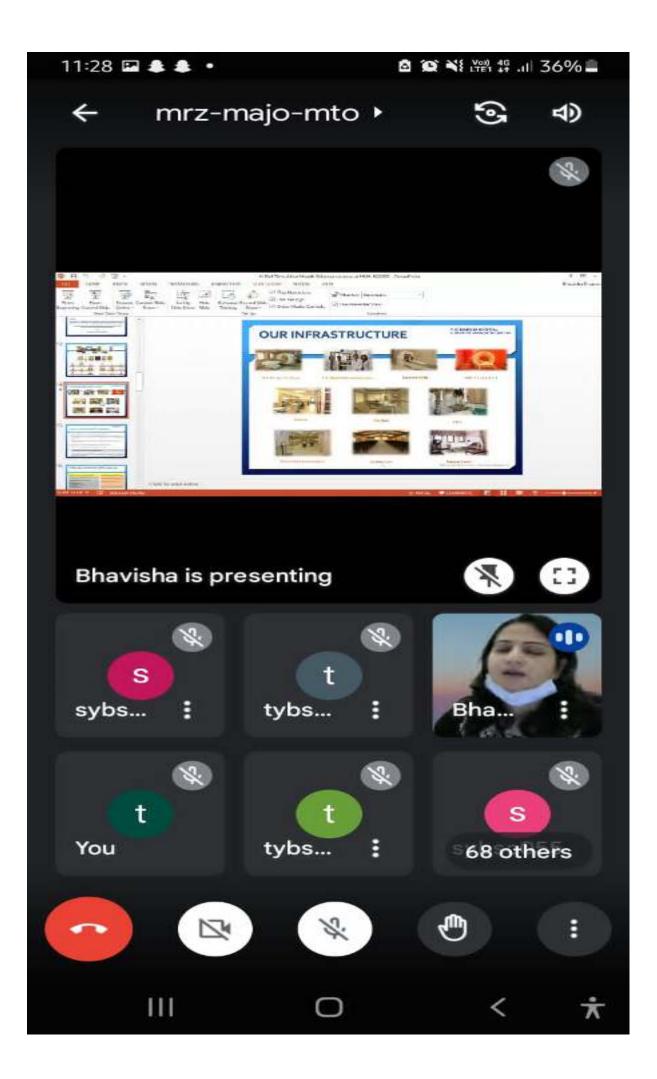


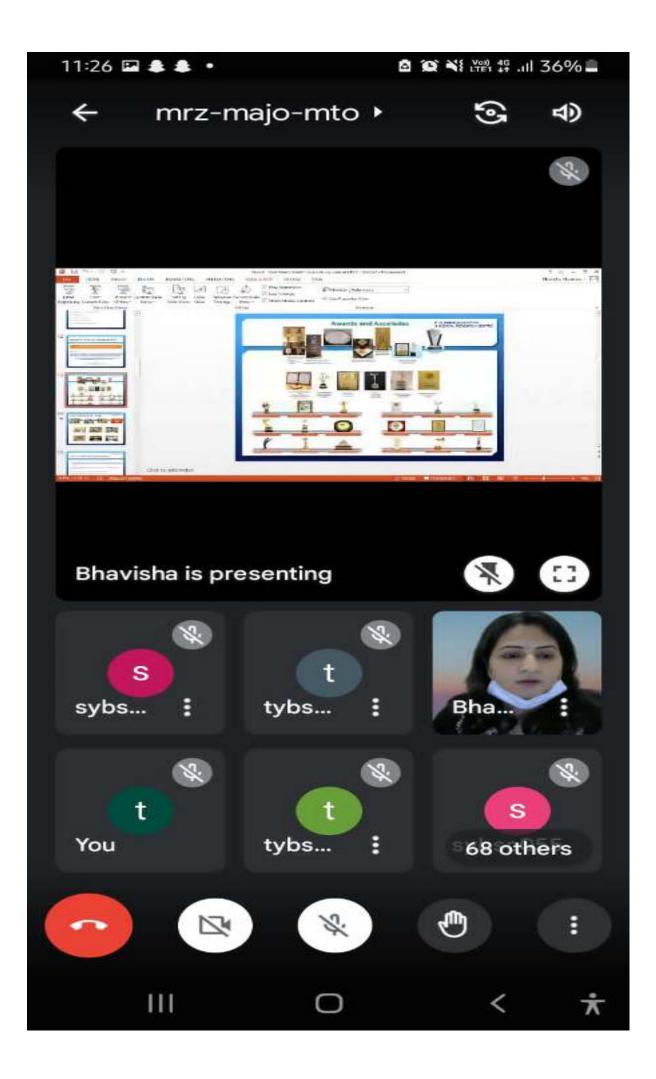


The Department of Chemistry in collaboration with P.D.Hinduja Hospital, MRC & Life Supporters has organised a Webinar on "Career in Paramedics" on 11<sup>th</sup> February , 2022 at 11.00am. The Webinar was conducted by Ms.Bhavisha Kharnare-Senior Manager Special projects and academics. Number of Participants were more than 70.

Enrollment Process	P. D. HINDUJA HOSPITAL & MEDICAL RESEARCH CENTRE
+ www.hindujahospital.com – Professio	Allied Health section
	STEPS 1. Form Submission 2. Counselling 2. Aptitude test 3. Subject Knowledge test 4. Personal Interview 5. Counselling







## ACTIVITIES OF CHEMISTRY DEPARTMENT

## A.Y. 2021-22

Sr.No	Title of the Program	Date	No of Participants
1	Yog & Pranayam	28/09/2021	30
2	A Webinar Smile Please : An Oral Health Literacy Program	16/12/2021	60
3	A lecture by on Health care informatics	22/12/2021	50
4	A Demo workshop on Detox drinks and Salads	05/01/2022	75
5	A Webinar on "Career in Paramedics	11/02/2022	70