2018-2019

Report on AKSHARA Gender Sensitization workshop

15th Jan 2019

On January 15th seven students from SYBA (Taha, Sameer, Saif, Aadil, Mehjabin, Juveriya, Mariyam) participated in Akshara's Gender Equality training workshop at Portuguese Church at 10am. The training began at 11:00 am followed by breakfast.



An introductory session was held to acquaint one with the concept of Gender Equality and Gender Sensitivity. Later 4 Games were introduced which helped in understanding the concept of gender equality more clearly. The four games were as follows:

- 1. Soch Sahi Toh Mard Wahi
- 2. #metoo
- 3. Sundarta ka Raaz
- 4. Samanta ki Daur

Soch sahi toh mard Wahi:

In this game they had given us various stereotypes for example: women cannot earn more than men, and we had to break the stereotype with our thinking.

#metoo

In this first they made us understand the concept of sexual harrassment and asked students views on sexual harrassment and then they had given us three situation for example: if you are passing by the road and few boys are commenting on you so what will be your reaction? Like this they had given us various situation and asked the students to share what would be their reaction at that moment.

Sundarta ka Raaz:

They had prepared a book in which there were pictures of famous women like Savitri bai Phule, Mother Teresa, Priyanka Chopra etc so they asked to the students that for you what is beauty is it should be only external beauty or it is important to have inner beauty as well

Samanta ki daud:

They had made to rows, at one row, unfolded clothes, unpacked tiffin box, a doll, and at other side they had kept some amount of cash which is not calculated. And at the house hold work they selected a boy to do that task and one other which was office work they selected a girl to complete the task. While they were doing task we had observed that when boys were doing household work they were getting confuse because they were notable to do simple work properly like they were not folding clothes in proper manner and after each step of task they were asked to wait for 10 seconds

All these games were quite interesting and knowledgeable this all ended by 4pm followed by refreshments

The students trained were to perform this exercise with other students in their college, on successful completion of which they were to be provided with proper certificate from **State Law Commission for Women**. This was really a memorable experience and every student got to learn new things which they would carry throughout their life. Some things are not academics but those things help us to be more gentle and human.

YUVA YUKTI MELA

13th Feb 2019

On 13th February the workshop was conducted in collaboration with AKSHARA on the same line how students were trained in the leadership workshop at Portuguese Church. All the necessary props and charts were arranged in advance.



The workshop stared at 11am through the film screening on gender equality in seminar room



hosted by Taha Ratlamwala.

A brain storming session followed with loads of questions from student and teaching fraternity which were dealt by the three member team of experts from AKSHARA.



The discussion was followed by a break for refreshment. The post lunch session was based on games were meant for spreading social awareness on Gender Equality.

A team of volunteers along with the students trained for the workshop (Juverya), Mariyam, Mehjabin, Aadil, Sameer and Vaibhav took lead in organizing the same. There were 4 games Sundarta ka raaz, #metoo, Soch sahi to mard wahi and Samanta ki daud.

1. Sundarta ka raaz was hosted by our WDC representative Ms. Juverya Shaikh of SYBA. There was a table on which an album and a mirror were kept. The album comprised of the photographs of the social reformers. An example of the reformers was given to explain how they had beauty from inside as well as from outside and till today they are known by their inner beauty their strengths and the sacrifice they did for the society and the country. It facilitated an understanding on how the physical and outer beauty with makeup which one applies doesn't really attract people and society but our character and nature towards them and towards society attract them.

This game is aimed to build self confidence amongst girls who have complex about their beauty. They were also shown the mirror as they were the real beauty without any makeup with a great soul.



2. #metoo was hosted by Mariyam Shaikh. This game was meant for women of all age groups. In this game anyone could share their harassment story with us. As majority of the harassment cases go unreported due to fear, we introduced them #metoo floor to share their harassment story with us without any hesitation and fear. It received an overwhelming response from the students as many of them shared their story. They were asked to write a note on board, what if any harassment will happen to them then what would be their response.



3. Soch sahi to mard wahi

This game was hosted by Mehjabin, Aadil and Vaibhav. This game was all about breaking the stereotypes. In this game 11 sentence were there i.e women cannot earn more than men etc. and the participants were expected to break this stereotype by sharing their thoughts. There was a dart board with a chart on which stereotypes and the other normal sentences were written with the numbering. The students had to find the stereotypic sentence and throw an arrow on the number of stereotypic sentence written on the board.



4.Samanta ki Daud

This game was hosted by Sameer in which there were two rows in one row there were unpacked tiffin, unfold clothes, food to make, to ready the doll, other household work and to drop the doll to the school. The task for clearing the mess was to be performed by the boy. On other row there was some cash which was not counted and girl had to count the money and to write it on the paper that how much the cash is. The gendered tasks of the society were to be reciprocated and it was observed that the man took more time than woman. So the conclusion is never do discrimination both can do both the work. Women are not only for kitchen and men are not the one who can handle the office work. He can do household work also.



The program ended around 4:30pm and our all volunteers and teacher click the picture with AKSHARA TEAM.



The volunteers were awarded the certificate in the prize distribution programme held at Ramanand Arya D A V College Bhandup.



This was a great and memorable experience.